



PRESS RELEASE
September 3, 2008

For more information, contact:

Debbie Kidwell
dkidwell@ntlsc.com
(817) 731-0230

North Texas Lung & Sleep Clinic in Southlake Earns Accreditation

SOUTHLAKE, TEXAS-North Texas Lung & Sleep Clinic (NTLSC) proudly announces accreditation of its Southlake sleep center by the American Academy of Sleep Medicine (AASM), making NTLSC the only licensed sleep center in the Southlake vicinity. Accreditation is a critical accomplishment in sleep medicine and provides patients with assurance that a sleep facility is authoritative, creditable and reputable. AASM accreditation is also the gold standard by which the medical community evaluates sleep services. Standards for accreditation ensure that sleep medicine providers display and maintain proficiency in areas such as testing procedures and policies, patient safety and follow-up, and physician and staff training.

"Our equipment is state-of-the-art, the best that you can have in 2008," says NTLSC medical director David Ostransky, D.O., D. ABSM, FCCP, FACOI. "We like to make patients' experience here as comfortable as it can be, as nice as it can be. Our clinics are also very accessible. Staffed by registered polysomnographers and experienced sleep technicians, our facilities represent real beacons of hope for those who can't get adequate sleep."

Founded in 1991, NTLSC comprises both clinical and sleep study staff who evaluate patients with pulmonary and sleep disorders. The clinic receives many referrals for sleep studies and is heavily involved in clinical research for pharmaceutical companies, including current clinical trials for the treatment of chronic obstructive pulmonary disease and sleep apnea. NTLSC's outpatient and inpatient services are offered at two locations-Fort Worth and Southlake. Each office features a computerized, accredited sleep center

and hotel-quality accommodations for overnight patients. The four private bedrooms are appointed with a flat-screen television, fresh linens and light refreshments. Patients are served a continental breakfast the next morning.

Sleep services provided at North Texas Lung & Sleep Clinic include an outpatient evaluation for adult and pediatric patients with any of more than 80 common and uncommon sleep disorders, such as obstructive and central sleep apnea, Pickwickian syndrome, insomnia, restless legs syndrome, narcolepsy, circadian rhythm disorders (shift work and jet lag), parasomnias, bruxism, and the sleep manifestations of medical and psychiatric disorders. NTLSC also evaluates and reviews sleep complaints such as excessive daytime sleepiness and fatigue, un-refreshing sleep and snoring. Both initial consultations and ongoing care are provided. In addition to a comprehensive sleep history and physical examination, diagnostic testing is tailored to the needs of patients and their specific sleep problem.

NTLSC's clinic hours are weekdays from 8 a.m. to 6 p.m. Sleep studies revolve around individual sleep schedules and are conducted at times convenient to patients, even those who may sleep during the day and work at night. Dr. Ostransky is available on-call weekends and after hours on weekdays. For further information about North Texas Lung & Sleep Clinic, visit www.northtexaslungandsleepclinic.com.